



Trip Overview

Experience the vibrant culture and rich traditions of Tanzania with a day trip to **Mto wa Mbu**.

As you explore the outskirts of the town, you'll visit expansive banana plantations. Here, you'll learn about traditional farming methods and see firsthand how bananas are grown and harvested. A highlight of the tour is the opportunity to enjoy a delicious, authentic local lunch in the heart of the banana plantations. Throughout the tour, you'll have the chance to meet people from various ethnic backgrounds and gain a deeper understanding of their customs, languages, and way of life.

08:00 AM	Departure from Arusha
09:30 AM	Guided Walking Tour through Mto wa Mbu
11:30 AM	Visit to Banana Plantations
12:30 PM	Traditional Local Lunch
01:30 PM	Village Tour & Cultural Immersion
03:30 PM	Departure to Arusha

About Mto wa Mbu

Mto wa Mbu is a vibrant, culturally diverse town that offers a unique window into Tanzania's rich heritage. Home to over 120 ethnic groups, it's the perfect destination to experience traditional crafts, local markets, and authentic Tanzanian cuisine. Surrounded by lush banana plantations and the stunning landscape of the Great Rift Valley, Mto wa Mbu provides an immersive cultural experience and a chance to connect with the heart and soul of Tanzania.

